



# Bulletin

of the Mahoning Valley Medical Society  
First Quarter 2015

## **NEW NAME !**

To reflect the addition of Trumbull County physicians to the Mahoning County Medical Society, we have changed our name to the  
**MAHONING VALLEY MEDICAL SOCIETY.**

## **NEW ADDRESS!**

On March 3, 2015, we moved into our new office space at  
3855 Starr's Centre Drive,  
Suite C-3, Canfield, OH 44406.

We welcome members to come and see our new space.

## **NEW MEMBERS!**

We look forward to welcoming Trumbull County physicians into the Mahoning Valley Medical Society. Whether you were a member of the Trumbull County Society, or have never been a part of a county medical society, we encourage you to join and take advantage of the benefits of membership, such as discounts on professional liability insurance and medical waste, educational programs and social events. Applications are available on our website at [www.mahoningmed.org](http://www.mahoningmed.org).

## Bulletin

Editor Sean T. McGrath, MD  
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Lyn E. Yakubov, MD Sean T. McGrath, MD

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Subscription rate of \$20.00 per year is included in MCMS dues.

Correspondence and changes of address should be mailed to the above address.

### 2015 Council

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JAMES STILLE, MD PRABHUDAS LAKHANI, MD  
C. CONNER WHITE, MD

## Calendar

May 5, 2015

*Annual Meeting,  
The Lake Club*

June 18, 2015

*OSHA Workshop & Massage Program  
Hampton Inn & Suites, Canfield*

June 25, 2015

*Canfield Fair Exhibitors' Breakfast,  
Colonial Inn*

September 2~7, 2015

*Canfield Fair*

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mahoningcountymed@zoominternet.net





### What is The Mahoning Valley Medical Society?

Spring has finally sprung after another tough Ohio winter. Things are beginning to look a little different. Trees are budding leaves, flowers are beginning to bloom, the grass is green and growing, and the potholes are slowly being filled with patch. If you have paid really close attention, you have noticed that the name of the medical society looks different now too! We are no longer the County Medical Society, but the Valley Medical Society. This change was an obvious need in the new age of the OSMA and the needs of our local Community. We now represent more of the valley by the addition of Trumbull County and potentially other neighboring counties in the years to come. This was a logistical decision as the geographic districts of the OSMA have changed in recent years and the needs of the counties are requiring more organization and, hence, more financial backing to support our needs. Therefore, our Executive Director and our Council made some decisions to move our organization into the future with added strength and viability.

Part of what I want to relay to the membership today is what the Society is to each member. First and foremost, the society is YOUR organization. It exists for you and your patients, the doctors and citizens of the valley. It is a political action center for the needs of our local community and local doctors. It is a sounding board for your thoughts and ideas of how to improve the medical care in the valley. It is a safe place for a community member to call with concerns about the practice of medicine and a safe place for doctors to voice their personal and professional concerns. It is an organization that monitors our local access to care to make sure patients in the valley can receive the care they need right here in the valley. It is a council that meets monthly to discuss any and all issues related to the running of the organization, sponsored events, new member benefits, and complaints/concerns from the community or doctors. It is an annual meeting where we come together to celebrate and recognize the Distinguished Physician and the 50 years in medicine award recipients.

So in summary, the Society is yours, it is for you and your patients, it is political, safe, and actively meets, it listens to you, it acts for you, it recognizes and celebrates you, and therefore it benefits you.

I encourage everyone to get more involved with the society. It is here for all physicians in the valley; private practice docs, employed docs, retired docs, residents, fellows, and medical students. Please ask a council member about how to get involved or about current topics being discussed in council meetings. Don't hesitate to bring any concerns to the council's attention as we are here to help our members with most any problems related to the practice of medicine or access to care. Please read through any emails or mailings we may send as they are related to opportunities for you to help us and our community.

We thank you for your continued membership and support of our local, grassroots organization and hope to continue to grow and work together with all of you in the many years to come!





# From the President

by Lyn E. Yakubov, MD

## Leaving a Legacy



"What is it with kids these days?!" You know that you have said this or that you have at least thought it once or twice—especially in regard to the younger practitioners and students around you in medicine. Every generation has had this said about them. Let's turn the question around and ask "What are you doing for the future generations in the practice of medicine?" What is your legacy?

Do you remember the many physicians each of whom took the time to teach you when it was not convenient for him or her? How about those who took the time to interview you as a prospective candidate to medical school? How about the ones who allowed you to shadow them and ask them about their life choices and lifestyle? They related to you and corrected any fallacy in your understanding or thought process of your studies. They turned to their patients and their workload and completed them with you alongside them. Then they worked after you left to finish their daily responsibilities. They had a later night or two because of your presence, but you were grateful for the time that they took to show you or to teach you something. Can you say that you are doing the same?

"These kids don't appreciate it!" "They seem self-centered!" We can say all that we want about the younger generations (Gen X-1965-1979; Gen Y/Millennials-1980-2000 or even the New "Silents" 2000-2015). They are more into social media than they are into being social or respectful (Gen X and Gen Y). They are the most "plugged in" generation ever (New Silent). They are just takers (Gen X and Gen Y); they are only interested in a job not a profession.

It is true that movement from a rules-based society to a rights-based society over the last 50 years has influenced the role of the student and student rights (or complaints) and even how we function as a society in general (The Eve of Destruction: How 1965 Transformed America; James T. Patterson; Basic Books, 2012). This was the result of the Baby Boomers' efforts. However, we baby-boomers—I like to think that I am speaking to the majority of you out there (Baby Boomers 1945-1964)—are one of the most-egocentric generations in American History. Between 1960 and 2010 the growth of entitlement spending in the U.S. was exponential. In 1940 federal government transfers to individuals amounted to under one-sixth of total U.S. government expenditures. Between 1960 and 2010, the share of entitlements in government spending at all levels jumped from 19 percent to 43 percent. This first, great "taker" generation has now gravitated toward taking from a pool of citizens who can offer no resistance to such schemes: the unborn descendants of today's soon-to-be retirees. (A Nation of Takers: America's Entitlement Epidemic; Nicholas Eberstadt; Templeton Press, 2012) Still think that you do not owe upcoming generations anything?

Where can you start? Perhaps your gift lies in mentoring and advising groups of or individual medical students including research opportunities? NEOMED could use your talents (contact Anita Pokorny, Director of Career Development/Advising: [app@neomed.edu](mailto:app@neomed.edu)). Maybe you would like to be a guest speaker or part of a panel discussion to student specialty/sub-specialty interest groups (contact: Harmony Ramunno, Asst. Director of Student Affairs: [hramunno@neomed.edu](mailto:hramunno@neomed.edu))?

If teaching is your strength, Lisa Weiss, M.D. Associate Dean of Curriculum, ([lweiss@neomed.edu](mailto:lweiss@neomed.edu)) could use your help in presenting the M2 second-year systems-based curriculum in your area of expertise. There are always 4th year preceptorships and elective rotations to think of as well!

If you would like to participate in selecting the future student, NEOMED for direct-entry (Kristin Hill; Assistant Director of Enrollment Services and Recruitment and Outreach: [khill3@neomed.edu](mailto:khill3@neomed.edu)) or Y.S.U. for B.S./M.D. candidates (Emily Eberth: [eeberth@ysu.edu](mailto:eeberth@ysu.edu)) would benefit from your time and talents with interviews for future classes.

Or perhaps your interest lies in helping your peers and colleagues at a grassroots level? We can use your insights at Mahoning Valley Medical Society as a member-on-council or an officer. Karyn Frederick, Executive Director of MVMS would love to hear from you ([mahoningcountymed@zoominternet.net](mailto:mahoningcountymed@zoominternet.net)) as would any of us on council!

There are many ways to be an advocate for the field of medicine and for those aspiring to practice it. In other words, participating for the greater good. So, how are you going to start leaving your legacy?

*Lyn E. Yakubov MD*



**HEALTH INSURANCE CLAIM FORM**

1. PATIENT'S NAME (Last, First, Middle Initial) \_\_\_\_\_

2. DATE OF BIRTH (MM/DD/YYYY) \_\_\_\_\_

3. SEX (M/F) \_\_\_\_\_

4. ADDRESS (Street, Apt. No., City, State, Zip) \_\_\_\_\_

5. PHONE (Area Code, Number) \_\_\_\_\_

6. EMPLOYER'S NAME (If any) \_\_\_\_\_

7. EMPLOYER'S ADDRESS \_\_\_\_\_

8. EMPLOYER'S PHONE \_\_\_\_\_

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## ESTATE PLANNING SEMINAR ATTRACTS A CROWD

The Estate Planning Seminar for Physicians, held on April 13th at Michael Alberini's Restaurant, was full to capacity for its second presentation.

Sponsored by Farmers Wealth Management, the seminar featured a panel comprised of attorneys Anne Frederick Crawford and George P. Millich, Jr., Judge Robert N. Rusu, Jr. of Mahoning County Probate Court, Joseph DePascale, President, Farmers Trust, David Dastoli, Chief Investment Officer, and Daniel Cvercko, Program Manager, Investments.

Panelists provided an overview of wills, trusts, advanced directives (living wills, durable power of attorney for health care) and other documents that will aid physicians in planning for retirement. There was ample time for questions and the panel members were only too happy to answer any questions the audience had.

Based on the success of this program, the medical society is planning partner will Farmers Wealth Management to present the program again, perhaps on an annual basis.

Panel Members, L to R:  
Atty. Anne Frederick  
Crawford,  
Atty. George P. Millich, Jr.,  
Judge Robert N. Rusu, Jr.,  
Dave Dastoli,  
Joseph DePascale



Audience members listen intently to the presentations.

Farmers Wealth Management provided information packets and giveaways to those in attendance.





# MAHONING VALLEY MEDICAL SOCIETY ANNUAL OSHA TRAINING

*Jim Parks, President, Accu-Medical Waste Service, Inc.*

The OSHA Bloodborne Pathogens Standard mandates annual training for health care professionals and others who may be subject to exposure to blood or other potentially infectious materials

Attendees will learn about:

Bloodborne Pathogens Standards ~ Establishing a Tuberculosis Protocol ~ HBV vaccination requirements  
Personal Protective Equipment ~ Sharps Injury Log ~ Exposure Control Plan ~ Sharps  
Needlestick Safety & Prevention ~ Post Exposure Evaluation



*Massage Cafe*  
Relax. Unwind.

**New This Year!**  
**"Massage Therapy:  
Healing for Your Patients & You"**

Presented by:

Gina DeAngelo, LMT and Ed Montgomery, LMT

*Immediately following OSHA Training*

**Thursday, June 18, 2015**

***Hampton Inn & Suites Canfield***

***6690 Ironwood Blvd.***

**Registration: 7:30 A.M. ~ Program 8:00 A.M.**

**\$25 per Mahoning Valley Medical Society member/office staff participant**

**\$50 each non-member participant**

**CONTINENTAL BREAKFAST WILL BE SERVED**

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## **ANNUAL OSHA TRAINING/MASSAGE PROGRAM**

**PLEASE COMPLETE AND RETURN WITH PAYMENT BY FRIDAY, JUNE 5, 2015**

Name of Physician/Practice: \_\_\_\_\_

Names of Attendees: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Amount Enclosed: \_\_\_\_\_

MAIL TO: MAHONING VALLEY MEDICAL SOCIETY, 3855 STARR'S CENTRE DR.  
SUITE C-3, CANFIELD, OH 44406 PHONE: 330-533-4880 FAX: 330-533-4940

# **Delinquent Account Collection**

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& DONAHAY**  
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members of the Mahoning County Medical Society



**Chris DePaola  
Joshua Petrusko  
Carolyn Rubenstein**

**330.757.3726**

Chase Bank Building • Poland, Ohio 44514



# NEW MEMBERS

## Mike Corfias, MD

Anesthesiology

Southwoods Anesthesia  
7630 Southern Blvd.  
Boardman, OH 44512

Medical Education: NEOUCOM, Rootstown, OH

Internship: Western Reserve Care System,  
Youngstown, OH

Residency: Western Reserve Care System,  
Youngstown, OH

Residency: Ohio State University Hospital, Columbus

## Madhavaroo S. Dasu, MD

Anesthesiology

Southwoods Anesthesia  
7630 Southern Blvd.  
Boardman, OH 44512

Medical Education: Gunter Medical College, Nagarjuna University

Internship: Government General Hospital, Gunter, India

Residency: Youngstown Hospital Association

Residency: Youngstown Hospital Association

## Tracey Dovich, MD

Anesthesiology

Southwoods Anesthesia  
7630 Southern Blvd.  
Boardman, OH 44512

Medical Education: NEOUCOM, Rootstown, OH

Internship: Case Western Reserve University,  
Cleveland, OH

Residency: Case Western Reserve University,  
Cleveland, OH

## Manu Sethi, MD

Anesthesiology

Southwoods Anesthesia  
7630 Southern Blvd.  
Boardman, OH 44512

Medical Education: University of Cincinnati College of Medicine

Internship: The Christ Hospital, Cincinnati, OH

Residency: University of Cincinnati Medical Center

## Thomas Gemma, DO

Anesthesiology

Southwoods Anesthesia  
7630 Southern Blvd.  
Boardman, OH 44512

Medical Education: Ohio University College of Osteopathic  
Medicine, Athens, OH

Internship: Brentwood Hospital, Warrensville Hts., OH

Residency: Brentwood Hospital, Warrensville Hts., OH

## Nicholas F. Agnesi, MD

Vascular Surgery/Hair Transplantation

Advanced Vein Care/Advanced Hair Restoration of Ohio  
780 Boardman Canfield Rd.  
Boardman, OH 44512

Medical Education: NEOUCOM, Rootstown, OH

Internship: Youngstown Hospital Association

Residency: Youngstown Hospital Association

## Bits 'n' Pieces

### MEDICAL STUDENT LOANS:

The Mahoning County Medical Society Foundation will once again be offering low-interest loans to medical students who are permanent residents of Mahoning or Trumbull County. To be eligible, students must have completed at least one year of medical school or school of osteopathic medicine. Interest on the loans is one percent below the prime rate at the time the loan is granted. Interest is forgiven if the recipient returns to practice in Mahoning or Trumbull County and becomes a member of the MVMS. For more information, or an application, email the MCMS Foundation at [mahoningcountymed@zoominternet.net](mailto:mahoningcountymed@zoominternet.net).

### MOVED

The following members have moved:  
John Koval, MD and Edward Miller, MD  
7641 Market St., Suite 2  
Boardman, OH 44512  
Phone: 330-884-2444

Louis Lyras, MD  
7645 Market St., Suite 200  
Boardman, OH 44512  
Phone: 330-726-0156

### RETIREMENT

Dr. Theodore Cubbison has retired from practice effective May 1, 2015. His patient records have been transferred to Dr. Kristen Evan-Hymes, 3660 Stutz Drive, Canfield. Phone: 330-720-1585.



# Meaningful Use 2015 Updates

Meaningful Use proposed rule RIN 0938-AS58 has been released for comments. Results will not be finalized until August 1, 2015 at the earliest. Comments on this rule must be received by 5:00 PM June 10, 2015 to be considered.

Once approved, it will create one unified set of reporting measures with exclusions and alternate measures. There will no longer be core and menu measures, now there will be nine required physicians' measures with two public health/registry reporting measures and eight required hospital measures with three public health/registry reporting measures. All reporting will be for 90 days and hospitals can attest for any 90 day period from October 1, 2014 through December 31, 2015.

The proposed rule also would support efforts to align the meaningful use program with other CMS quality reporting programs that use EHR technology, such as the hospital inpatient quality reporting program and the physician quality reporting system.

If you have any questions about Meaningful Use in 2015:

NECO Regional Extension Center

330-873-1500

Jim Carroll, [jcarroll@arha.org](mailto:jcarroll@arha.org)

## OHIO DEPARTMENT OF MEDICAID ICD-10 Q&A POSTED

Ohio Department of Medicaid (ODM) and the Medicaid managed care plans have worked together to provide you with another co-branded Q&A document for Independent Providers. The document is located on ODM's ICD-10 webpage under Provider Q&A, May 2015.

Billing guidance documents for Ohio Medicaid's ICD-10 implementation entitled, "ICD-10 TIPS," have also been posted to Ohio Medicaid's ICD-10 webpage and are located under the ICD-10 TIPS (Billing Guidance) section. Last month's ICD-10 TIPS focused on Inpatient Prior Authorization/Precertification. Previously released ICD-10 TIPS include: Claims Compliance Date, Span Date Billing, Dental Claims, Billing Unspecified Codes, and Inpatient Hospital Interim Billing. Additional billing guidance documents will be posted in the months to come.

Ohio Medicaid is on schedule to meet the ICD-10 implementation compliance date of October 1, 2015. Please visit our ICD-10 webpage at: <http://medicaid.ohio.gov/PROVIDERS/Billing/ICD10.aspx>. ICD-10 information such as Provider Q&A, trading partner testing, free coding practice for providers (CollabT), OhioMHAS coding resources, and other documents have been posted.

If you have questions or wish to be removed from Ohio Medicaid's ICD-10 implementation stakeholder list, please direct your communications to [lcd10questions@medicaid.ohio.gov](mailto:lcd10questions@medicaid.ohio.gov). We will respond in a timely manner.



## Ohio's Quality Improvement Organization Helps Physicians Achieve Meaningful Use While Improving Chronic Disease Outcomes

Eligible physician practices in Ohio can receive no-cost assistance from Health Services Advisory Group (HSAG), the state's Medicare Quality Improvement Organization (QIO) to meet the requirements of Meaningful Use (MU), Physician Quality Reporting System (PQRS) and value-based purchasing. In addition, HSAG provides physicians evidence-based best practice training on cardiac and diabetes care with the goal of enhancing the quality of care Medicare beneficiaries receive from their health providers.

As Ohio's QIO, HSAG is committed to driving rapid, large-scale change that puts beneficiaries, families, and caregivers first and contributes to better patient care, better population health, and lower costs through improvement. This work is grounded in foundational principles that align with the four goals of the Centers for Medicare & Medicaid Services's (CMS's) Quality Strategy platform: eliminate disparities, strengthen infrastructure and data systems, enable local innovation, and foster learning organizations.

Over the next five years, HSAG will build on this platform to accomplish these major goals in Ohio. For doctors, this means sharing best practices and tracking progress to help Medicare beneficiaries prevent heart attacks and strokes. It also means increasing opportunities for patients to receive diabetes self-management education (DSME) classes, while expanding the ranks of DSME educators in the community. As part of HSAG's assistance, providers will gain support to integrate electronic health record (EHR) technology that advances quality care into their practices, while earning CMS payment incentives.

Moreover, physicians will be able to participate in HSAG-sponsored webinars, teleconferences, community collaboratives, learning and action networks, and other virtual and face-to-face gatherings that drive improvement and bring evidence-based practices, knowledge, and tools to their practices. For example, HSAG will offer at no-cost, EHR technical assistance to providers who identify and refer patients with diabetes or who are pre-diabetic to a DSME program—a proactive means to prevent avoidable hospitalizations and adverse drug events.

For more information about how HSAG can assist your practice, please email Bonnie Hollopeter, Quality Improvement Lead, at [bhollopeter@hsag.com](mailto:bhollopeter@hsag.com) or call 614.307.2036.

*This material was prepared by Health Services Advisory Group, the Quality Improvement Organization for Ohio under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services. The contents presented do not necessarily reflect CMS policy. Publication No. CA-11SOW-AC-02122015-01*

### Physician Benefits of Working with HSAG on Chronic Disease Management

#### Diabetes-Related Assistance

- Receive no-cost assistance to identify Medicare patients who are pre-diabetic and refer them to a local diabetes prevention program.
- Learn best practices to improve diabetes care.
- Become a DSME trainer in your local area through no-cost DSME trainings from HSAG.
- Increase the number of community residents trained in DSME, broadening public knowledge.

#### Hypertension-Related Assistance

- Receive technical assistance to identify at-risk patients for cardiovascular disease to proactively manage your hypertensive patient panel.
- Access cardiovascular educational sessions, designed for providers to highlight evidence-based best practices that improve cardiac care.
- Apply your quality improvement knowledge towards the Million Hearts® goal of preventing one million hearts and strokes by 2017.

#### PQRS and MU Assistance

- Learn how to harness EHR technology for chronic disease management and preventive services.
- Earn CMS incentive payments by receiving provider-directed training to produce quality measure reports from your EHR.
- Obtain assistance to help enroll patients into your EHR portal.
- Gain technical assistance to boost patient and family engagement.

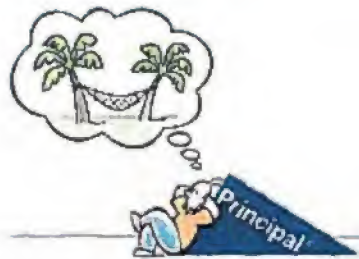


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## DI Retirement Security

# Dreaming About Retirement?

We all have different retirement dreams. You may want to travel, take up hobbies or spend more time with family. Whatever your plans, you've probably already begun saving. After all, it's likely you could spend 20 to 30 years in retirement.

Even if you're on track with your savings, there may be one aspect of preparing for retirement you haven't considered: What would happen to your ability to save if you became too sick or hurt to work?

The risk of a disability is real. And if you do become disabled, you'll likely not be able to continue contributing to:

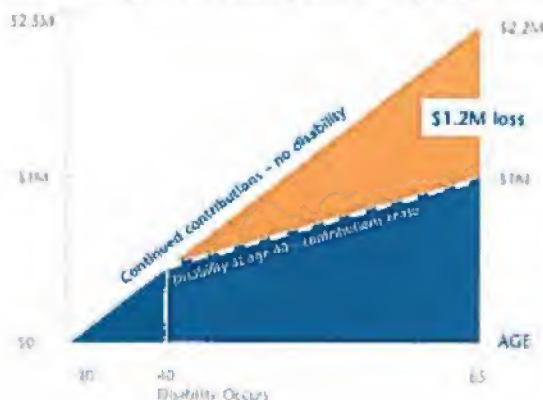
- Your 401(k) or other plans and receive any available employer match
- Social Security
- Your current pension

### WHAT IF?

If you were no longer receiving an income and were incurring increased medical bills, would you be able to put aside money for retirement?

## Here's what could happen

This chart shows how a permanent disability could affect your retirement savings.



Assumptions: \$2,000 contributions beginning at age 30, 5% rate of return and age 65 retirement. Consequences of a permanent disability at age 40, without DI Retirement Security.

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